



Below please find the answers to some common questions about our Student Ambassador Program. If you have additional questions, please email hello@neolth.com

1. I am a clinical student applying for licensure. Will this internship count towards my clinical hours?

No. This is not a counseling internship. You will not be conducting therapy with patients. This is a student group meant to foster learning opportunities about mental health and peer connection.

2. What are the eligibility requirements to participate in this program?

- Must be a current high school, undergraduate or graduate student (full or part time status) OR has graduated within the last year
- Be 14+ years old
- Have parental permission to participate, if under 18 years old
- Be available to participate 2 hours per month, through advocacy, attendance of virtual events, or both

3. What is the time commitment?

Student Ambassadors are to work flexible hours remotely, for a minimum of 2 hours per month. The exact number of hours a student can work will vary, depending on the amount of advocacy projects in which they engage.

4. What are the start and end dates?

The Spring 2021 program starts January 15, 2021 and will run through May 30, 2021. Summer 2021 program dates TBD.

5. What days will we meet as a group?

Dates will be determined based on the group's availability. We typically have one event per month for the full Ambassador group. Students meet in between events as they see fit to work on their advocacy projects. Meetings will be held over video chat. Educational talks will be recorded so students who cannot attend live can watch at a later time.

6. Is this a paid internship?

No, this is an unpaid learning and advocacy opportunity for students.

7. Is this group therapy?

No. The Student Ambassador Program is not meant to be therapy or a mental health service. The program provides education, advocacy and peer connection.



8. What advocacy projects will there be?

Advocacy projects are student-led initiatives that are proposed by the Student Ambassadors and vary each semester. Current advocacy projects include:

- Body Positive: The Body Positive subcommittee is for students to gain support surrounding issues in regards to body image issues. This group will include talks from body positive professionals and the creation of body positive content for social media or the Neolth platform.
- Immigrant and First Gen Students: This subcommittee will focus on the unique struggles that affect the mental health of students that are immigrants and children of immigrants. We will connect with each other by sharing our experiences of biculturality through interactive discussion events and create content for increased awareness to be posted on social media or Neolth.
- Social Media: This group engages in outreach to students about the importance of mental health by raising awareness and destigmatizing mental health through Neolth's social media platforms.
- Outreach to Schools: This group holds virtual presentations about advocating for the importance of mental health at schools around the country.

9. Can I put this internship on my resume or LinkedIn?

Absolutely! Use the title, *Student Mental Health Ambassador*. You can link @Neolth on LinkedIn or other social media channels.

10. I have friends that want to participate in the Ambassador Program. Can they apply?

Interested students can apply by completing this [Google Form](#). We will accept students on a rolling basis, based on their enthusiasm and available spaces for the Ambassador Program.

11. What if I can no longer participate in the Ambassador Program?

If you can no longer participate, please send an email to hello@neolth.com with your first and last name and the name of your school. You can stop participating at any time.